

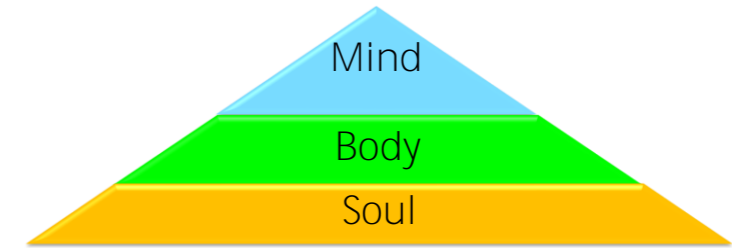


Nodens  
Manor

By Elmfield Care

# Activity Planner

Week commencing February 13th - February 19th 2023



	Monday 13th	Tuesday 14th	Wednesday 15th	Thursday 16th	Friday 17th	Saturday 18th	Sunday 19th
Morning 08:00 - 10:00am	News of the day	News of the day	News of the day	News of the day	News of the day	News of the day	News of the day
Mid Morning 10:30 - 12:15pm	A walk around the estate	Coffee Morning In the Tea Room	A stroll in the garden	Book Club in the Library	Gardening Club	A walk around the estate	A stroll in the garden
Mid Morning 10:30 - 12:15pm	Morning Bakers Club Cupcakes		Book Club in the library	Chair based exercise class	Puzzles in the Tea Room	Knit and Natter	Singing for the Brain
Afternoon 14:00 - 16:30pm	Word Association Game	Chair based exercise class	Michael Bubl� Tribute band in the lounge	Cookery Club Carrot cake loaf	Nodens Cup Bowls Final in the garden	Spa Day In the Cinema	Afternoon at the movies Residents choice
16:00 - 17:00pm	<i>Pre dinner drinks</i>	<i>Pre dinner drinks</i>	<i>Pre dinner drinks</i>	<i>Pre dinner drinks</i>	<i>Pre dinner drinks</i>	<i>Pre dinner drinks</i>	<i>Pre dinner drinks</i>
Evening 18:30 - 20:00pm	A night at the movies Casablanca	Whist card game In the lounges	Cocktail Hour!	Quiz Night! In the Cinema	Drinks in the Quiet Lounge	Board games in the lounges	Relax and unwind in the lounges

*Newspapers and Magazines available from Reception*

**Sky Bar opening times:**

Mid Morning - 11:00 - 12:30pm

Afternoon - 14:00 - 17:00pm

Evening - 18:00 - 20:30pm