

Old Sarum Activity Planner

Monday	Tuesday	Wednesday	Thursday
Morning			
<p>Trip to Salisbury Cathedral 10am-12pm</p> 	<p>Knit and Natter Ground Lounge From 10.45h</p> 	<p>Seated Exercise Cinema Room From 10.45h</p> 	<p>Knit and Natter Ground Lounge From 10.45h</p> 
Afternoon			
<p>Residents meeting cinema room 3pm</p> 	<p>Clay Model making top floor 2pm</p> 	<p>Yoga Cinema Room From 15.00h</p> 	<p>Arts & Crafts top floor 2pm</p> 
Evening			
<p>Dominos in tea room 6.30</p> 	<p>Film Night</p> 	<p>Relax in lounges</p> 	<p>Drinks in sky bar 6.30pm</p> 

Week of - 17th June to 23rd June 2024

Friday	Saturday	Sunday	Additional Activities set up in communal spaces whatever takes your fancy. Jigsaw tables Musical instruments Radio time - Story time. Tea in <u>tea room</u> everyday 2.30 Nail Filing and nail painting, please ask for Emily Start of the Euros 16 th June
Morning			
<p>Seated Exercises Cinema Room From 10.45h</p> 	<p>Coffee Morning Ground Floor From 10.45h</p> 	<p>Songs of Praise Cinema Room From 10.45h</p> 	
Afternoon			
<p>Painting middle floor 10.45</p> 	<p>Games in tea room 2pm</p> 	<p>Tea & Cake Social time with Friends Tea Room From 14.00h</p> 	
Evening			
<p>60's Music, Singing and Dance Cinema Room From 18.30h</p> 	<p>Gentleman's club sky bar 6.30pm</p> 	<p>70's Folk Music Chill Evening In all Lounges From 18.30h</p> 	